

# Important! Quick Start Guide

## Initial Treatment

Before starting a treatment program, flush lines with a waterline cleaner.

## Routine Treatment

Place tablet(s) in empty dental unit waterline bottle every time you refill with water.

## Regularly Monitor

Clinical monitoring of water quality can ensure procedures are being performed correctly.

## Shock clean your dental unit waterlines

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It is important to always shock your dental unit waterlines prior to starting a new waterline maintenance protocol or when changing products. Untreated lines can contain contamination from years of use without a maintenance program or residue from the use of some waterline maintenance products. Many dental equipment manufacturer's recommend using a dilution of household bleach. When selecting shock treatment, always follow your dental equipment manufacturer's instructions.

Visit [www.blutab.com](http://www.blutab.com) or call **888.843.3343** for a flushing/cleaning protocol.

## Maintain

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BluTab® Waterline Maintenance Tablets are specially formulated and proven to control contamination in dental unit water lines by reducing and inhibiting the re-growth of bacteria in the lines. BluTab® Waterline Maintenance Tablets is designed to be continuously present in your dental unit water line system.

## Regularly Monitor your water quality

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Clinical monitoring of water quality can ensure that procedures are correctly performed and that your water quality test result are meeting your dental water quality standards. If test results fall below your water quality standard, initiate a shock treatment and confirm that maintenance procedures are being followed. Visit [www.pro edgedental.com/waterline-testing](http://www.pro edgedental.com/waterline-testing) for water quality testing services.



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# Instructions to treat water bottles and lines with 1:13 Sodium Hypochlorite (8.25% household bleach).



1. Fill each water bottle to the top with a 1:13 sodium hypochlorite solution, i.e. 1 part 8.25% household bleach to 12 parts water. (If using 5.25% or 6% bleach, dilute 1:10, i.e. 1 part bleach with 9 parts water.) Re-attach each bottle to the unit.



- 2a. Run each A/W syringe for about 5 seconds until you smell the bleach at the syringe. This bleach smell verifies that the 1:13 dilution of bleach is in the lines.



- b. Remove the high speed hand piece from the end of the line, place the handpiece connection into the sink and step on the pedal for a few seconds, running the water until you can smell the bleach at the handpiece connection.



- c. If you have an ultrasonic scaler in this operator, run the scaler until you smell the bleach at the scaler tip.



3. Repeat this procedure at each operator, leaving the bleach in the lines for 10 minutes and no more than 15 minutes.

4. Disconnect the water bottles and dump the remaining solution in each water bottle into a sink. Refill water bottles with warm water and flush the bleach from all lines in every operator for 1 – 3 minutes / each or until the sodium hypochlorite odor disappears. If you prefer not to use sodium hypochlorite, order Sterilex ULTRA by contacting your dental supply company.

## Important facts about “shock” treating your dental unit waterlines:

- DO NOT flush bleach into any vacuum or drain system that contains an amalgam separator.
- DO NOT leave bleach or sodium hypochlorite in your water lines for more than 10 minutes.
- Why do I need to shock my waterlines? Periodically, you need to clean or shock your lines with a more powerful chemical agent. Please read the instructions of your waterline maintenance product carefully.

### Don't want to use bleach on your equipment?

Several manufacturers including A-dec, Midmark, DCI International, DentalEZ, Dentsply Cavitron, and Prisma have authorized weekly or daily water system treatment with a 1:10 solution of household bleach.

Still don't want to use bleach? Just order Sterilex ULTRA from your dental supply company and follow the instructions, which require leaving Sterilex in your DUWLs overnight.



[www.ProEdgeDental.com](http://www.ProEdgeDental.com)

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